### LEADERSHIP EMPOWERMENT PROGRAM PROJECT

## **MENTORING BY DESIGN**

Tiana Tucker 2018-2019 Scholar





## **Presentation Outline**

Introduction Purpose Importance Mentoring Current Program & New Program Design Timeline & Implementation Q&A





## **Challenges of First-Generation Students**

- College Readiness
- Financial Challenges
- Racial Disparity
- Self-Esteem and Self-Efficacy
- Personal Characteristics

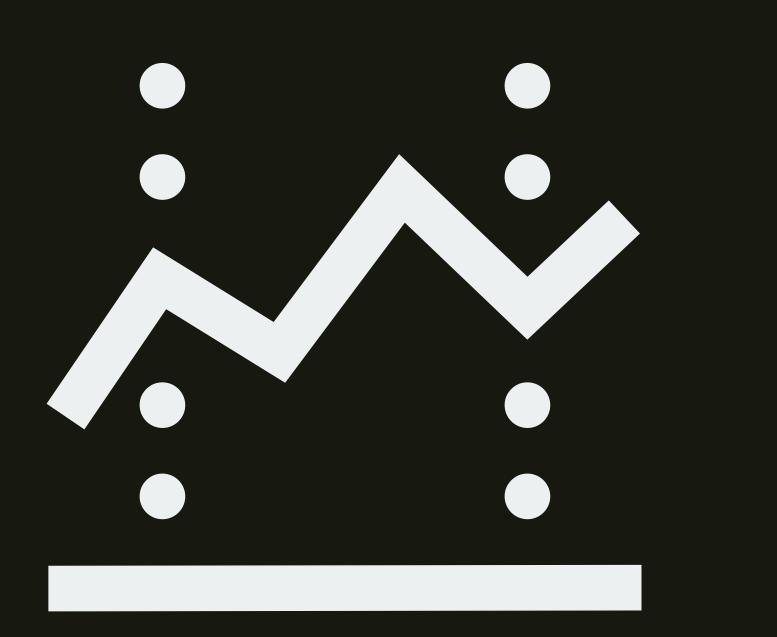
Despite these obstacles, 24% achieve a bachelor's degree or higher (NCES, 2012).

Why are they successful?

College Acclimatization and Family Support

**REDESIGN AN EXISTING PROGRAM** MODEL TO INCORPORATE A MENTORING **COMPONENT THAT INTENTIONALLY** SUPPORTS THE RETENTION AND SUCCESS **OF FIRST-GENERATION** UNDERREPRESENTED STUDENTS.

## Importance



- - **Transformative Opportunities: Career**
  - **Readiness and post-baccalaureate**
  - success

- Impact

• Everyone has a responsibility to assist with retention! Student Development and

**Enrollment Strategic Plan-**

 Performance Based Funding Metrics • UCF Quality Enhancement Plan: What's Next: Career Readiness UCF Strategic Plan: Collective

Overall Success of our Students!

## **KEY RESEARCH** FINDINGS



- development (Moore, 2006).
- trust him, he can trust me. Reliable."
- professional development (p.36).

• First-generation minority students can at times be referred to as "at-risk" students, identifying them as students who are at a greater risk for lower levels of success in school, have higher dropout rates, and deal with issues that can undermine overall

• A qualitative study conducted by De Anda (2001) that evaluated a mentor program for at-risk youth stated that the students were asked what they would like to get out of the program and the most common response was to have someone to communicate with. They hoped to have an adult that they could regard as a friend. The mentees also recognized it would be different than a friendship with peers. When asked to define- "Full of trust. I can

• A study done by Lee (1999) on African-American students who were part of The North Carolina State University-University Transition Program (UTP) indicated that having a mentor would be a tremendous help to their academic and

**FLAWS IN** PROGRAM DESIGN

NO PARTICIPANT DIRECTION WITHIN THE MENTORING CONNECTION

## WHY DO FORMAL MENTORSHIPS FAIL?

## POORLY CONSTRUCTED **MATCHES**

## LOW MENTORING PARTICIPATION & LIMITED DATA

## **CURRENT PROGRAM**









## DARE DREAM!

### **Alumni and Industry Panel**

Explore

Get Connected

Network

### October 16, 2018 | 11:30AM-1:30PM SU Garden Key Rm 221

Learn the secrets to success from experts in the fields of: **Business, Education, Engineering & Technical,** Health, & Hospitality

### Login to Handshake at career.ucf.edu. Click on "Events" to RSVP.



Catered By: Chick fil &



For reasonable accommodations requests, contact 407.823.2361. Career Services **Division of Student Development & Enrollment Services** 

## New Program Model Design



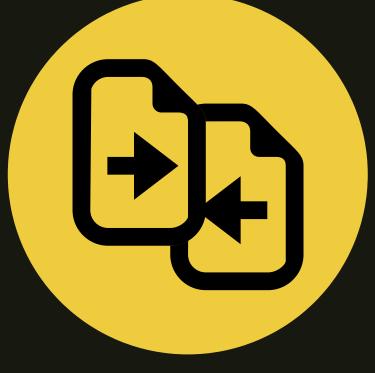
## Incorporating What Works

### Goals



Clear objectives that align with goals of the institution will help with program outcomes

Matching



Self-matching, admin-matching, or a combination will help with addressing the needs of the participants

Training



Trainings will help with understanding of program goals, roles, and mentoring bestpractices

### Marketing



Strategic marketing and program data will demonstrate learning impact

## Success Features

**Personality and Work Style Assessments for Matches** 

This will support students in identifying their purpose while making sustainable connections



**Required Service** Learning, Volunteer, or Internship **Experience** 

These high impact cocurricular experiences will aid in community, social, and career development



**Peer-to-Peer**, **Professional**, and **Faculty/Staff Support Groups** 

This will provide help resources and continuous support

### PROJECT TIMELINE

Dare2Dream 3.0

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Meet with Potential Collaborators



Fall 2019



Apply for the 2019-2020 Parent & Family Fund Grant

2019-2020

Pilot on the Downtown Campus



Assess & Evaluate

2020-2021

2020-2021



Implement on Main Campus

2022



UNIVERSITY OF CENTRAL FLORIDA Scholarships Resources Empowerment Speakers GA Position

## Funding Needs

Alumni Center Experiential Learning Employers Faculty & Staff Community Organizations

### Partners

Effectiveness Participant Satisfaction Measure/Track Success Areas for Improvement

### Evaluation

# QUESTIONS?

Thank you!





## References

De Anda, D. (2001). A qualitative evaluation of a mentor program for at-risk youth: The participants' perspective. Child and Adolescent Social Work Journal, 18(2), 97-117.

First-generation college students are students whose parents do not have any postsecondary education experience. SOURCE: U.S. Department of Education, National Center for Education Statistics, Education Longitudinal Study of 2002 (ELS:2002), Third Follow-up, 2012. Restricted-Use Data File.

Lee, W.Y. (1999). Striving toward effective retention: The effect of race on mentoring African-American students. Peabody Journal of Education, 74(2), 27-43

Reid, J. M., & Moore, J. L. (2008). College readiness and academic preparation for postsecondary education: Oral histories of first-generation urban college students. Urban Education, 43, 240–261.

Spiegler, T., & Bednarek, A. (2013). First-generation students: What we ask, what we know and what it means: An international review of the state of research. International Studies in Sociology of Education, 23(4), 318-337. doi:10.1080/09620214.2013.815441

Why Workplace Mentoring Programs Fails. June 25, 2018. https://www.entreprenuer.com/article/314875

https://www.league.org/innovation-showcase/breaking-down-barriers-first-generation-college-students-and-college-success